

Lok Hup Ba Fa 1st Half Workshop



Sunday 12th March 2023
9.30 to 4.30 pm
Cost \$30

Hold Horse At Cliff. Moves 2 & 5

Level: Beginner & Intermediate (Non Members Welcome)

Focus: Learn 31 Moves, Internal Energy, History & Stories.

Venue: The Wetlands Centre, 184 Hope Road, Bibra Lake.

Workshop Instructor: Banyin Lee

Please bring your own lunch. Tea & Coffee provided

Please register by emailing taichiinternalarts@gmail.com and pay your instructor or a Committee Member and get a receipt (No EFT please).

Queries: Please contact taichiinternalarts@gmail.com

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