

TAI CHI INTERNAL ARTS 2026 workshops

TCIA is proud to present a range of workshops throughout 2026.

Each workshop is designed to extend skills and deepen understanding of the Internal Arts in an immersive and supportive environment.

The two Lok Hup Ba Fa workshops will cover the second half, with Banyin Lee as principal instructor. As in 2025, this year's Tai Chi and Sabre workshops will be run by groups of experienced instructors who have been training intensively with Banyin.

Numbers are limited to 40 for each Tai Chi and LHBF workshop, and 24 for Sabre. All levels of experience welcome.

Each workshop runs from 10am to 2.30pm and will be held at the John Leckie Pavilion, Melvista Ave, Nedlands (near cnr Stone Rd).

BYO lunch. Tea, coffee and fruit will be provided.

Please complete the enrolment form, hand in to your class instructor with payment (cash please) and get a receipt.

Reviews from 2025 workshops

“

Lovely sociable atmosphere. Everyone there to learn & improve. Thanks!!” (Tai Chi)

Learning environment set up by instructors was excellent. All patient & thoughtful.” (LHBF)

It was a great venue, great instructors and the pace was perfect” (Sabre)



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TAI CHI

W1 Tues, May 12th

✓ past

W2 Tues, July 21st

✓ past

W3 Wed, October 14th

⊘ full

The instructors will be:

[W1] Joy C, Mike T, Glenis T, Lee R

[W2] Sandra O, Rosey F, Cathy M, Sally W

[W3] Paul R, Ros M, Jacinta M, Marlene C, Gill W.

SABRE

W1 Tues, June 9th

✓ past

Lesley R, Richard L and Marlene C will be the instructors.

LOK HUP BA FA

W1 (# 32-49) Tues, June 23rd

✓ past

W2 (# 49-66) Tues, October 27th

⊘ full

Banyin Lee will be the instructor for both workshops.

Your name

Please indicate the workshop/s you wish to attend.

For a TCIA member the cost per workshop is \$20 for Tai Chi & Sabre and \$30 for LHBF.

For a non-member the cost is \$30 for Tai Chi & Sabre and \$40 for LHBF.

Please circle applicable.

Tai Chi

- ☐ W1 May 12 \$20/\$30
☐ W2 Jul 21 \$20/\$30
☐ W3 Oct 14 \$20/\$30

Sabre

- ☐ W1 Jun 9 \$20/\$30

Lok Hup Ba Fa

- ☐ W1 (#32-49) Jun 23 \$30/\$40
☐ W2 (#49-66) Oct 27 \$30/\$40

Total cost

Received by

Receipt No.....